

Radford University's Institutional Review Board

Research Compliance Office

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July 24, 2014

TO: Harold George Philippi Jr., MA, BS

FROM: Laura Noll (lnoll@radford.edu) *LN*
Radford University IRB

RE: Approval of Modifications for FY14-012: A comparison of the effect of two types of resistance exercise (machine weights vs. elastic band) on fasting glucose and insulin sensitivity in postmenopausal women.

STUDY TITLE: [505883-2] A comparison of the effect of two types of resistance exercise (machine weights vs. elastic band) on fasting glucose and insulin sensitivity in postmenopausal women.

IRB REFERENCE #: FY14-012

SUBMISSION TYPE: Amendment/Modification

ACTION: APPROVED

EFFECTIVE DATE: July 24, 2014

EXPIRATION DATE: July 1, 2015

REVIEW TYPE: Expedited Review

This is to confirm that modifications to the above-referenced study have been granted approval by Radford University's Institutional Review Board.

The study has been granted approval for its original term, ending on July 1, 2015, by which date a closure report is due. If you wish to continue your research past this date, you must request a continuance no later than 10 days prior to the expiration of this approval. Because your study requires documentation of informed consent, you must use the stamped copy of your most recently approved consent document.

If your protocol should change, please submit a request for modification. IRB forms can be accessed from your Forms and Templates library in IRBNet.

As the principal investigator for this project, you are ultimately responsible for ensuring that your study is conducted in an ethical manner. You are also responsible for filing all reports related to this project.

If you have any questions, please contact Laura Noll at (540) 831-5290 or lnoll@radford.edu. Please include your study title and reference number in all correspondence with this office.

Good luck with this project!