

RADFORD UNIVERSITY

Board of Visitors

STUDENT SUCCESS COMMITTEE
2:15 P.M.
FEBRUARY 11, 2021
ART MUSEUM
COVINGTON CENTER, RADFORD, VA

DRAFT
MINUTES

COMMITTEE MEMBERS PRESENT

Dr. Debra K. McMahon, Chair
Mr. David A. Smith, Vice Rector
Dr. Rachel Fowlkes, joined at 3 p.m.
Ms. Lisa Throckmorton

COMMITTEE MEMBERS ABSENT

Ms. Karyn K. Moran
Ms. Samantha Powell, non-voting Student Representative

BOARD MEMBERS PRESENT

Mr. Robert Archer, Rector, joined at 3 p.m.
Mr. Mark Lawrence

OTHERS PRESENT:

Ms. Ashley Schumaker, Chief of Staff and Vice President for Strategic Operations

CALL TO ORDER

Dr. Debra K. McMahon, Chair, formally called the meeting to order 2:12 p.m. in the Art Museum in the Covington Center.

APPROVAL OF AGENDA

Dr. McMahon asked for a motion to approve the February 11, 2021 meeting agenda for the Student Success Committee, as published. Ms. Lisa Throckmorton so moved, Mr. David A. Smith seconded, and the motion carried unanimously.

APPROVAL OF MINUTES

Dr. McMahon asked for a motion to approve the minutes of the December 3, 2020 meeting of the Student Success Committee, as published. Mr. Smith so moved, Ms. Throckmorton seconded, and the motion carried unanimously.

REPORTS

Student Government Association (SGA) President Chris Davis presented updates on SGA initiatives for the 2020-2021 academic year. The SGA Executive Board will continue to take the lead in reminding students of the importance of completing the Daily COVID-19 Symptom

Tracker. Students who complete the tracker each day are eligible to win prizes. Mr. Davis and the Radford City Police Chief are planning an event for students to meet local officers. SGA members assisted with MLK Day of Service by collecting food items and children's books to donate to local agencies.

Mr. Davis added that the SGA was unable to hold the annual Advocacy Day trip to Richmond due to the pandemic. A video was created highlighting several student leaders and showcasing Radford University. The video was sent to all Senators and Delegates.

Mr. Davis shared that SGA Senate passed a resolution asking faculty to post mid-term grades for all students. Currently, only athletes, first-year students or students in academic recovery receive mid-term grades. The Senate will be hosting a meet and greet event at RUC to raise awareness to those students of SGA events and services.

Mr. Davis also reported on cabinet and staff led SGA initiatives. A stress less event will be held on St. Patrick's Day where students will be able to pick up paint kits to have a fun, relaxing activity. Students are encouraged to showcase their artwork on social media. A Highlander Pride T-Shirt drive is typically held each year during basketball season. Students bring a shirt from another university and receive a new Radford University shirt. The shirt exchange will take place on the Bonnie Plaza, and students wearing the new shirts will tag Radford athletics on social media. A copy of the report is attached hereto as **Attachment A** and is made a part hereof.

Associate Vice President for Student Affairs and Dean of Students Angie Mitchell and Assistant Director of SAVES (Substance Abuse and Violence Education Services) Cora Taylor presented on Radford University becoming a Trauma Informed Care community. Adverse Childhood Experiences (ACE) are linked to high risk health behaviors. Many of these impact Radford University students, faculty and staff. Being trauma informed recognizes signs and symptoms of trauma and teaches ways to react to the need of another individual rather than the behavior displayed. Training students, faculty and staff will help develop better relationships in the community. A copy the report is attached hereto as **Attachment B** and is made a part hereof.

Vice President for Student Affairs Susan Trageser, Ed.D. gave the Division of Student Affairs report. The Center for Diversity and Inclusion will host workshops on cross cultural communication, racial identity and vulnerability in leadership. Due to the pandemic, Fraternity and Sorority Life (FSL) recruitment will be held virtually this spring. A FSL Stakeholders Planning Group has been formed to continue to drive the change in culture regarding Greek organizations.

The Center for Accessibility Services (CAS) hosted the 12 Days of CAS, a social media campaign, to bring awareness of services available to students and families. Spring residence hall re-entry was held over a five-day period to provide for physical distancing guidelines.

Dr. Trageser added that an "I'm Registered" campaign was held to raise awareness of the importance of registering early. If a student already registered, they received a sticker. This campaign was very well received by students, and many were proudly displaying their stickers. An Academic Recovery Course was offered for any new freshman or transfer student that had a GPA below a 2.0 after their first semester on campus. This provided select students with much

needed academic support. A copy of the report is attached hereto as *Attachment C* and is made a part hereof.

ADJOURNMENT

With no further business to come before the Committee, Dr. McMahon adjourned the meeting at 3:37 pm.

Respectfully submitted,

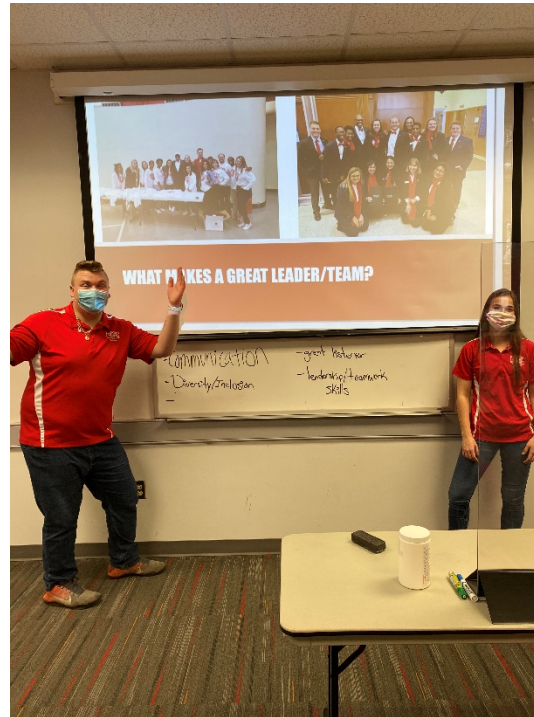
Ms. Jenni Tunstall
Executive Assistant to the Vice President for Student Affairs
Secretary to the Committee

Student Government Association Report

RADFORD
UNIVERSITY

Executive Board Updates

- Advocacy Day
- Student Finance Committee
- Chief Advisory Panel



- MLK Day of Service
- SGA Winter Retreat
- Symptom Tracker Challenge

Senate Updates



- Midterm Grades Resolution
- Center for Accessibility Services



- Inclusion with RUC
- Student Appreciation Days
- WDYWW

Cabinet and Staff Updates

- Town Hall Meeting
- Stress Less Event
- Highlander Pride
- T-Shirt Drive
- Giveaways



General Body Goals and Plans



- Complete the Bags to Benches Program
- Continue community service efforts
- Continue our social media growth and outreach
- Unity Fest
- Ring Dance



Questions?

Building a Trauma-Informed Campus Community

RADFORD
UNIVERSITY

Being Trauma-Informed Promotes Mission Statement

RADFORD UNIVERSITY'S MISSION STATEMENT:

“...provide an educational environment and the tools to address the social, economic, and environmental issues confronting our region, nation and the world.”

“Our Vision, Mission, and Core Values,” Retrieved from
<https://www.radford.edu/content/radfordcore/home/about/mission.html#:~:text=As%20a%20mid%2D-sized%2C%20comprehensive,within%20and%20beyond%20the%20classroom.>

Why a Trauma-Informed Community?

Adverse Childhood Experiences (ACE) are linked to high risk health behaviors, many of which impact the students and staff of Radford University. Listed below are 10 of the most significant types of trauma found in the ACE study.

- Emotional Abuse
- Physical Abuse
- Sexual Abuse
- Emotional Neglect
- Physical Neglect
- Parental Separation or Divorce
- Domestic Violence
- Substance Abuse in Family Member
- Mentally Ill Family Member
- Incarcerated Family Member

Supporting Data

Research indicates that 70% of the general population experiences one or more Adverse Childhood Experiences by the age of 18 and approximately 17% (1 in 6) experiences 4 or more by their 18th birthday.

Risks Associated with ACE Trauma

Health Implications:

- 242% more likely to smoke
- 222% more likely to become obese
- 357% more likely to experience depression
- 443% more likely to use illicit drugs
- 1133% more likely to use injected drugs
- 298% more likely to contract an STD
- 1525% more likely to attempt suicide
- 555% more likely to develop alcoholism
- Up to 20 years off life expectancy due to brain and development changes

References:

1) Iowa ACEs <http://www.iowaaces360.org/uploads/1/0/9/2/10925571/2576222.png?239>

2) Dube SR, Anda RF, Felitti FJ et al. Childhood abuse, household dysfunction, and the risk of attempted suicide throughout the lifespan: Findings from the Adverse Childhood Experiences Study. JAMA, 2001; 286:3089-3095.

3) Anda RF, Brown DW, Dube SR, Bremner JD, Felitti VJ, Giles WH. Adverse childhood experiences and chronic obstructive pulmonary disease in adults. Am J Prev Med. 2008;34(5):396-403.

4. Hock et al., 2015.

What Does Being Trauma-Informed Look Like?

Substance Abuse and Mental Health Services Administration (SAMHSA) describes trauma-informed as:

“A program, organization or system that is trauma-informed realizes the widespread impact of trauma and understands the potential paths for recovery; recognizes the signs and symptoms of trauma in clients, families, staff and others involved with the system; and responds by fully integrating knowledge about trauma into policies, procedures and practices, and seeks to actively resist re-traumatization.”

Becoming Trauma-Informed Can Be Transformational

Conventional	Trauma-Informed	Resiliency-Informed
People are bad	People are suffering	People are resilient
People need to be punished	People need an intervention	People need our compassion and to learn new skills
People just don't care	People care, but lack skills and understanding	Any person can learn self-regulation skills
We need to stop making excuses for people	We need to learn how trauma impacts the development of children and adults	We need to learn how skills of well-being can reduce suffering
What is wrong with you?	What happened to you?	What is right with you? What are your strengths?

Trauma-Informed and Our Community

1. Identify Champions
2. Create a Distribution Pathway
3. Implement Training
4. Collect Outcomes

Relationships are key! Training faculty and staff will help us develop better relationships with our students by raising awareness and building skills.

Training Options

There are options related to training, depending on the goal. Ideally, this could be a two-part training coupled with Recovery Ally training.

- Three-hour training
- 90-minute training
- 60-minute training

Discussion

Student Affairs Report

RADFORD
UNIVERSITY

Center for Diversity and Inclusion

Spring 2021 Opportunities

January 25: **Cross-Cultural Communication**

February 11: **Colorism**

March 4 : **Born and Raised Self-Reflective Personal History**

April 7: **Vulnerability in Leadership = Superpower**



All workshops are facilitated by Kimberly McLaughlin Smith via Zoom @ 6pm
and are open to the entire campus.

Fraternity and Sorority Life

Panhellenic Council Formal Virtual Recruitment
January 29 - 31

Advisor's Meetings

FSL Stakeholders Planning Group



Student Recreation and Wellness Center

Fall 2020 Utilization Numbers

- SRWC Access:
 - 3,063 unique users and 35,999 visits
- Group Fitness Classes:
 - 333 unique users and 1,548 participations

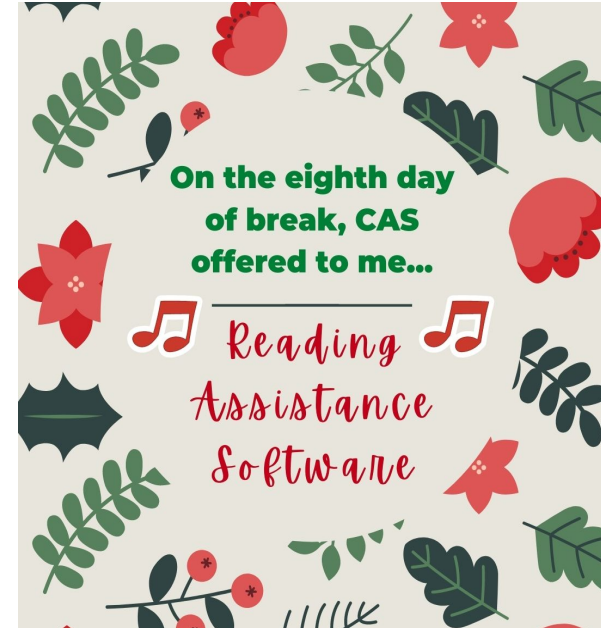


Student Involvement



- Winter Break Programming
- Social Media Interactions
- Welcome Back Weekend January 14-17

Center for Accessibility Services



Student Success



I'm Registered Campaign



Academic Support

Looking Forward



- Incentives and Positive Reinforcement
- Traditions Week
- RUC

Discussion

End of Board of Visitors Materials

